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What To Do When The Doctor Says Its Asthma: Everything You Need to Know About Medicines, Allergies, Food and Exercise to Breathe More Easily Every Day

Paul Hannaway

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What To Do When The Doctor Says Its Asthma: Everything You Need to Know About Medicines, Allergies, Food and Exercise to Breathe More Easily Every Day Paul Hannaway
The next book in our What To Do? series, this book is a comprehensive guide to dealing with asthma from a top asthma physician. Asthma has reached epidemic proportions in the Western world, and nobody is really sure why—there are lots of theories, but no real cure for the millions of children and adults who suffer from this life-threatening disease. This book offers information and solutions, based on cutting-edge research, for the newly diagnosed asthma patient and his caregivers.

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