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PEERS® for Young Adults: Social Skills Training for Adults with Autism Spectrum Disorder and Other Social Challenges

Elizabeth A. Laugeson

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PEERS® for Young Adults presents the first evidence-based group treatment program for young adults with Autism Spectrum Disorder, as well as other neurodevelopmental disorders and social challenges. Inside, readers will find a critical step forward in the dissemination of effective behavioral interventions for young adults in the form of 16 engaging group session outlines that are both user-friendly and backed by empirical research. Each session is accompanied by homework assignments and practice suggestions designed to reinforce the group's understanding of the skills learned during each meeting. This practical resource will prove to be an invaluable reference for any clinician or educator working with this population.

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