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The Empty Mirror: Experiences in a Japanese Zen Monastery

Janwillem van de Wetering

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Seen by many as a contemporary classic, Janwillem van de Wetering's small and admirable memoir records the experiences of a young Dutch student?later a widely celebrated mystery writer?who spent a year and a half as a novice monk in a Japanese Zen Buddhist monastery. As Chogyam Trungpa Rinpoche, author of *Cutting Through Spiritual Materialism*, has written, *The Empty Mirror* "should be very encouraging for other Western seekers."

It is the first book in a trilogy that continues with *A Glimpse of Nothingness* and *Afterzen*.

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