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75 Easy Paleo Slow Cooker Recipes: A Complete Paleo Plan for Your Entire Family

M.T Susan

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What You Will Find In This Book? Paleo fully read as Paleolithic diet consist of food items that belong to the Paleolithic era. The fact that this diet belongs to the cavemen era does not mean that it is difficult to make and do not satisfy our taste buds. As a matter of fact, Paleo food is very easy to make with most of the ingredients already available in the kitchen pantry. It is also very delicious and satisfies the contemporary taste provided you follow the right recipe. This is where this book intervenes. It tells you around 75 amazing slow cooker Paleo recipes. Kids, teenagers, youngsters, adults and old age, this book have delectable Paleo recipes for all age groups and all mealtimes. The best thing about this book is that it tells you slow cooker recipes also known as the crock pot recipes. Now you don’t have to stand by the stove all the time, the slow cooker recipes allows you to cook unattended. Grab you copy today and find a way to live a healthy and yummilicious Paleo lifestyle!

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