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A Textbook of Bowen Technique

Graham Pennington

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For more than two decades, Graham Pennington has been practising Bowen therapy, naturopathy and acupuncture in his busy, multi-practitioner clinic in Warrnambool, Australia. As a young naturopathic graduate, he was introduced to the Bowen technique when he took over the running of Ossie Rentsch's clinic in Hamilton in 1989. This unique opportunity provided an intense exposure to the system of therapeutic bodywork that would become such an important component of his professional life. In addition to his experience in Hamilton, Graham has also received extensive mentoring and invested many hours observing Dr Romney Smeeton DC in his Geelong clinic. He has spent the last twenty-three years practising, teaching, and developing the Bowen technique. In this book he seeks to share his clinical knowledge and experience with the practising Bowen therapist. A Textbook of Bowen Technique really is 'A Comprehensive Guide to the Practice of Bowen Therapy'. The book features: • A foreword by Dr. Romney Smeeton D.C., former student of Tom Bowen • A detailed outline of underlying principles and relevant theory • The presentation of valuable holistic assessment methods • The use of holistic assessment to guide the application of Bowen Therapy • 24 In-depth procedure descriptions • Procedure discussions featuring the author's rich anecdotal experience gained from over 100,000 consultations conducted across more than two decades • Bowen Move & Acupuncture point correlations for 100 acupoints • 260 x 200 mm, 272 Pages, 180 full-colour illustrations and photographs • Detailed discussion of the role the fascia plays with regard to the action of acupuncture and Bowen Therapy • The complete 'Transcript of Interview' between Tom Bowen and the Victorian Parliamentary Committee of Enquiry into Osteopathy, Chiropractic and Naturopathy (08/10/1973).

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