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Reflect: Discovering the Beauty, Worth, and Wonderfulness of You

Vicki Courtney

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Reflect: Discovering the Beauty, Worth, and Wonderfulness of You

Vicki Courtney

Reflect: Discovering the Beauty, Worth, and Wonderfulness of You Vicki Courtney
A teen girl's guide to discovering her true worth through God.

Self-worth is one of the biggest struggles for teen girls, and bestselling author Vicki Courtney offers just-right encouragement with her special blend of straight talk and wisdom. *Reflect* will help teen girls to love what they see in the mirror, to deal with the pressures to look and be perfect, and to truly believe they are worthy and wonderful, just the way God created them.

Essays include:

- Confessions of a Beauty Queen
- Living Authentically in a Photoshopped World
- Life with No Regrets
- The Truth about Forever

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