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Human Movement: How the Body Walks, Runs, Jumps, and Kicks (Inquire and Investigate)

Carla Mooney

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Why do we walk on two legs? How do our muscles know how to work together when we dance? How does our brain work with our hands to sink a basketball? In *Human Movement: How the Body Walks, Runs, Jumps, and Kicks*, readers ages 12 to 15 learn the basic anatomy and physiology of the human body and discover how bones, muscles, tendons, organs, and nerves work together to make movement possible. *Human Movement* takes a look at all of the components of the human body and examines how they allow you to move and interact with the world around you. Readers also learn what they can do to keep their bodies healthy and fit and moving well.

Combining hands-on activities, such as building a hand model with working muscles and tendons, with biology, chemistry, biomechanics, and nutrition, *Human Movement* offers entertaining graphic novel illustrations and relevant sidebars. Links to online primary sources and other important websites deepen readers' experiences and strengthen practical connections to the material.

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