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The Transplant Triathlete: From Illness to Ironman

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An ironman triathlon is seen as the hardest one-day endurance event in the world. Consisting of a 3.8km swim, a 180km bike ride, followed by a full marathon, it is a huge undertaking for anyone, never mind a rookie with chronic kidney disease. Transplant Triathlete is Diccon Driver's story: an amateur triathlete who refused to let kidney failure stop him from racing. Even after doctors told him his dream of finishing an ironman was impossible, he didn't give up. With just 20 per cent kidney function, he proved them wrong to complete his first ironman. Eight weeks later the disease causes his kidneys to fail completely and he starts dialysis to stay alive. Now in need of a transplant, his brother steps forward as a live donor to give Diccon his life back. But will the operation be a success? And most importantly to Diccon, will he ever be fit enough to race again?

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Joseph McNeal:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them household or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. If you want to try to find a new activity that is look different you can read the book. It is really fun for you. If you enjoy the book that you read you can spent 24 hours a day to reading a book. The book The Transplant Triathlete: From Illness to Ironman it is very good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. If you did not have enough space bringing this book you can buy typically the e-book. You can m0ore simply to read this book from your smart phone. The price is not too costly but this book has high quality.

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