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Microwave Gourmet

Barbara Kafka

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Microwave Gourmet

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Microwave Gourmet Barbara Kafka
Learn to use your microwave oven to do everything you hoped it could and more with breakthrough techniques and recipes that will change the way you cook forever.

First published in 1987, Barbara Kafka's *Microwave Gourmet* redefined the way people thought about the microwave oven. *Microwave Gourmet* is the only book that clarifies which dishes are at their best when made in the microwave, which are the worst, and why.

There are over six hundred delicious recipes for everything you can conceivably want classics like Filet of Sole with Almonds and Turkey with Cranberry Sauce and Saffron Risotto, plus old-fashioned favorites such as Baked Macaroni and Cheese and an American Chocolate Layer Cake that cook up in five to ten minutes. *Microwave Gourmet* lets you eat good, homemade food in no time at all.

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