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Insulin Pumps and Continuous Glucose Monitoring: A User's Guide to Effective Diabetes Management

Francine R. Kaufman

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A diabetes diagnosis no longer means giving up an active life. New technology, such as insulin pumps and continuous glucose monitors, can help people with both type 1 and type 2 diabetes stay active and flexible and maintain healthy attitudes and lifestyles. *Insulin Pumps and Continuous Glucose Monitoring* explains how this new technology can dramatically improve care, as well as how to prepare for the physical and psychological challenges that come with these new regimens. It provides a comprehensive medical approach to diabetes management and pump therapy with an appreciation for the real-life challenges and frustrations faced every day by people with diabetes. By offering greater flexibility and control, insulin pumps and continuous glucose monitors are revolutionizing glucose management for people on insulin therapy. Dr. Kaufman's book shows how people with diabetes can use this technology to improve not only their diabetes care, but their lives as well.

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