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# 101 Horsemanship Exercises

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# 101 Horsemanship Exercises

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**101 Horsemanship Exercises** Rio Barrett
The perfect guide to improving your horse's confidence, understanding, concentration, suppleness and obedience both on the ground and from the saddle, based on how horses think and respond to training. Dip into the 101 exercises to help you understand and solve a particular problem, or work through them in sequence to develop a solid foundation. Learn both theory and practical skills - from the simplest fundamentals that everyone around horses should know, to the refined techniques of the expert horseman, providing a clear road map' for the journey towards the Art of Horsemanship. Strengthen the partnership between you and your horse from the ground and the saddle with these fundamental horsemanship exercises. Improve your horse's concentration, temperament, suppleness and obedience by using the 101 exercises to solve a particular problem, or string them together to form an individually tailored training program. The exercises progress from the basic to more advanced ideas, harnessing your horse's natural behaviour to help you both work together with incredible results. Strengthen the partnership between you and your horse from the ground and the saddle with these fundamental horsemanship exercises Improve your horse's concentration, temperament, suppleness and obedience by using the 101 exercises to solve a particular problem, or string them together to form an individually tailored training program. The exercises progress from the basics to more advanced ideas harnessing your horse's natural behaviour to help you both work together with incredible results. Includes a foreword by Jane Holderness-Roddam

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