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# Principles for Life: Using Biblical Principles to Bring Dynamic Psychological Healing

*Troy Reiner*

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# Principles for Life: Using Biblical Principles to Bring Dynamic Psychological Healing

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**Principles for Life: Using Biblical Principles to Bring Dynamic Psychological Healing** Troy Reiner Our world is full of hurting people. The Word of God is the answer but somehow attempts to apply Biblical principles to bring psychological healing have fallen short of the deeper needs of many of these hurting people. This has been true for several reasons. Most models of Biblical change have been limited to either confronting and demanding change, or acting and practicing new Biblical ways of doing things. These methods do not deal with the entire person: will, spirit, past experiences, mind, perceptions, needs, motivation, actions, and emotions. They do not take into account the complexity of the human heart and the interactions between its members. This book addresses these problems through the use of the "Train of Psychological Wholeness," a concept developed from Proverbs Chapter Three. It provides an understanding of a large number of these principles, a detailed method for developing counseling plans using Biblical principles, and counseling methods and techniques for their application in order to bring about dynamic psychological healing. This book explains 44 of the most important principles in the Bible from a psychological perspective and provides an in-depth method for developing counseling plans using biblical principles for common psychological problems. This material includes a discussion of 13 classical methods of biblical change, a new model for understanding the human heart and techniques for applying biblical principles in counseling. It includes counseling plans and methods for treating anxiety, panic attacks, obsessions, compulsions, sexual abuse, domestic violence, marital problems, and Borderline Personality Disorder.

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