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Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Ladybug)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Donna Clark:

Often the book Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Ladybug) has a lot details on it. So when you check out this book you can get a lot of benefit. The book was written by the very famous author. This articles author makes some research ahead of write this book. This particular book very easy to read you can get the point easily after perusing this book.

Alan Durham:

Reading can called mind hangout, why? Because when you find yourself reading a book specially book entitled Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Ladybug) the mind will drift away trough every dimension, wandering in every aspect that maybe mysterious for but surely can be your mind friends. Imaging just about every word written in a book then become one form conclusion and explanation that will maybe you never get prior to. The Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Ladybug) giving you yet another experience more than blown away your thoughts but also giving you useful info for your better life in this era. So now let us present to you the relaxing pattern here is your body and mind are going to be pleased when you are finished examining it, like winning a. Do you want to try this extraordinary investing spare time activity?

James Turco:

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