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The Single Mom's Guide to Happiness

Amanda Carol

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The Single Mom's Guide to Happiness

Amanda Carol

The Single Mom's Guide to Happiness Amanda Carol
Let's face it, the life of a single mom has its own special set of challenges. This is not your typical parenting book. Amanda Carol lived in the world of single parenthood for sixteen years and dealt with everything from financial hardship to her personal life spiraling out of control, but learned to figure it out, one day at a time. The Single Mom's Guide to Happiness is just that, the how-to manual that will get your life on track while giving you a clear pathway to finding your true happiness. You will find practical advice on divorce, discipline, school, career, scheduling your time, and most importantly stress relief! But this is much more than a how-to book. Amanda shares her own personal stories of hardship and triumph, and gives you real solutions to move your life from a place of desperation into a life of inspiration! When you feel you have nowhere to turn for the answers, this book will be your companion to lead you down the road of happiness so that you can enjoy every wonderful moment that you spend with your beautiful children and take back control of your life!

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