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The Healthy Lunchbox: How To Plan, Prepare & Pack Unique Meals Kids Will Love

Marie McClendon, Cristy Shauck

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Dozens of easy menus and tips to help you give your children healthy lunch-on-the-go alternatives

This upbeat guide is full of healthy alternatives to junk food–laden lunches. Drawing on her years of experience as both an educator and a mother, Marie McLendon has created a book loaded with recipes, menus, tips, and suggestions. This resource rescues you from the mundane and stressful task of figuring out how to pack a healthy lunch that your kids will actually eat.

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