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Clinical Depression - Unleashing the Terminator

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Unleashing The Terminator Within

By Dave Jordan

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Description

This is the story of how, through naivity and misfortune, I transgressed from a normal healthy young man stood at life's launch pad into the nightmare of clinical mental illness. It tells of how after 3 years of psychiatric treatment I was left a destroyed, disabled and unemployed person on the scrap heap despite a relentless campaign of resiliance and self help. It also tells of my attempts to get justice for what I believed to be medical negligence, and how self love and fighting spirit would never let me give up my goal to regain my health, future and well being.

As well as describing (and I believe indisputably explaining) clinical depression this book also contains my views on evolution, religion, civilisation, animal rights, anxiety illness, the psychiatric system and world population growth, re-molded and revisited by my terrible experiences, continuing education and progressing maturity.

About the Author

I have a high standard of education and I have a good Honours degree. I have an interest in natural history, biology and medical issues. I am unashamedly a former psychiatric patient who unfortunately had a very long time to look at and understand his problems. I have worked in the Civil Service for 8 years and as a Manager in Local Government for 11 years.

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