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Love in the Gardens of Macantar: A Spiritual Journey of Healing from Codependency and Relationship Addiction

Lisa Acor Laurel

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LISA ACOR LAUREL knows firsthand the necessity of letting go of relationships that aren't working-letting go and moving on to mystery, adventure, and fulfillment. In this memoir, she narrates her escape from an abusive relationship and how she found healing and self-discovery through her faith and trust in God. Love in the Gardens of Macantar delivers a series of personal journal entries chronicling Laurel's journey from codependency, addiction, self-pity, and blame to a life of happiness, contentment, and taking responsibility for her actions. It captures her progress through one year of healing, and it sheds light on Laurel's inner-self, the great significance of her journey, and how she found her true passion in gardening. Inspiring and uplifting, Laurel's testimony offers hope for a prosperous, productive, and fulfilling life after leaving an abusive relationship. Realizing that happiness is not a luxury, it is a responsibility, Love in the Gardens of Macantar shows there is a new beginning after the end.

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