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Solo Suppers: Simple Delicious Meals to Cook for Yourself

Joyce Goldstein

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Most recipes serve four to six people, leaving the solo cook in a predicament. Enter acclaimed cookbook author Joyce Goldstein and her stellar repertoire of meals that are fun for one. From hearty recipes like Spicy Tortilla and Lime Soup and Tuscan Style Rib-Eye Steak with Rosemary and Garlic, to dressed-up salads and seasonal fruit gratins, each dish is designed to serve one in style. Essential tips and techniques offer valuable advice on smart shopping for one and stocking the pantry. Numerous recipe variations take advantage of seasonal ingredients, while an array of sauces can turn that salmon fillet or lamb steak into a gourmet feast. When the good company is your own, *Solo Suppers* is the way to go.

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