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SANDOW'S System: Sandow on Physical Training (ORIGINAL 1894 VERSION, RESTORED)

Eugen Sandow

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SANDOW'S System: Sandow on Physical Training (ORIGINAL 1894 VERSION, RESTORED) Eugen Sandow
Compiled and edited, under Mr. Sandow's instruction by G. Mercer Adam This is an 8.5" by 11" original version, restored and re-formatted edition of Sandow's 1894 classic. The text remains exactly as written. This book has many pages with old photographs and illustrations. This is a must have book for your physical culture library. Visit our website and see our many books at PhysicalCultureBooks.com

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