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Hello to All That: A Memoir of War, Zoloft, and Peace

John Falk

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Hello to All That: A Memoir of War, Zoloft, and Peace John Falk
An off-the-wall, heartbreaking, and often hilarious memoir of a correspondent reporting from the front lines while also battling his lifelong nemesis-chronic depression

His own chemistry was his worst enemy, and it took John Falk to some very strange places-from Garden City, Long Island, to sniper-infested Sarajevo during the Bosnian bloodbath. But through it all, in the face of chronic depression, he kept reaching out for the life he'd always wanted. *Hello to All That* is his story-crazed, comic, poignant, suspenseful, hopeful.

Falk was an average Long Island kid, until depression left him ashamed and trapped behind an impenetrable chemical wall. Barely surviving on "chin-up" tips from his big, loyal, boisterous family, Falk tried to fight his disease-or hide it. But by twenty-four, he was alone, living on books by war correspondents, their adventures his only escape. Then he found a blue pill called Zoloft and set out on a mission to make his own name as a correspondent during one of the most dangerous conflicts in recent memory. Falk's journey has never been predictable, and neither is his moving, outrageous, and sometimes frightening memoir.

Here is the riveting tale of a man's lifelong battle-the struggle to defeat his greatest enemy and to connect, cure himself, and finally live.

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