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Fast Road to Happiness

Marilou McIntyre

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Fast Road to Happiness Marilou McIntyre
For years she has traveled to other countries and across the U.S. teaching and lecturing on Spiritual Development and healing. Her quest for better methods of healing opened within her the ability to create conscious past life regressions, without hypnosis, for individuals, families and groups seeking the release of various maladies that disrupted their lives. She has demonstrated and documented the success of this method to enable anyone with an open mind to accept its amazing benefits. She continues to serve and fill the needs of others. Twice she overcame cancer and is now happy and healthy-the wish she has for everyone. She continues to fulfill her destiny and demonstrates love for all. SYNOPSIS: FAST ROAD TO HAPPINESS A true story for Self-Help by MARILOU McINTYRE, DD The basis of my non-fiction book, Fast Road To Happiness, explains benefits of “conscious past-life regressions,” without hypnosis, to heal and release phobias, traumas, and behavioral problems. I created this method of treating people over twenty-five years ago and find it gives solutions to some of life’s problems. The case studies reinforce the importance of healing the present through conscious regression. There is also a need to understand and implement the principles of reincarnation and karma. The book delves into this scientifically and professionally. To my knowledge, I am the only person using this technique for families, individuals and groups. Reincarnation is often the mystery of life and the missing link that explains things modern psychology and psychiatry cannot. I do not try to convince everyone that reincarnation is true; just those individuals open to seeking answers modern medicine cannot or will not explore. It helps people of all races and cultural backgrounds around the world, for mankind has similar problems. These problems manifest mentally, physically, emotionally and spiritually. The hundreds of conscious regressions I have conducted around the world enable me to serve others and give explanations and guidance that relieve conditions of loneliness, depression and erratic behavior that haunt people. Throughout the book are solutions to problems that can be healed. The past life causes of conditions and how one can regress are clearly given. It will appeal to anyone, not just the Baby-Boomer, the spiritually minded, married or single person with or without children. It is emotional and mental food for those with an array of addictions--whether the health conscious individual or seeker of spirituality or success, the appeal is endless. More and more people are looking for self-improvement and solutions to problems in their lives and families. This is a “How-To” book to help one achieve happiness and success in this life by gaining insights and awareness of problems from the past, recognizing them and healing them. It is a road map for life here and hereafter, and ultimate happiness.

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