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Coconut Oil: Coconut Oil Recipes for Weight Loss, Beauty and Health

Grace Bell

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Coconut Oil Recipes

Coconut oil offers a number of health benefits, and it can be used to protect you from toxins and environmental threats. People utilize coconut oil for help with heart disease, chronic fatigue illnesses, bowel irregularities and thyroid problems.

This book is written for people who want to harness the power of coconut oil but may not understand exactly what it is and what it can do.
By reading this book you will discover:
• Tips to help you choose coconut oil as well as the best way to apply it
• Health benefits and facts about coconut oil
• Easy and tasty recipes that use coconut oil

Coconut oils is a natural remedy and superfood that can help you lose weight, look younger and improve your health.

Order your copy now and experience the amazing benefits of coconut oil!

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