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Nina McIntosh's The Educated Heart

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Nina McIntosh's The Educated Heart

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Nina McIntosh's The Educated Heart Laura Allen
Now including an all-new chapter on professional boundaries and the Internet, this fully updated 4th Edition of **Nina McIntosh's The Educated Heart,** by Laura Allen provides a conversational style, easy-to-understand explanations of complex psychological dynamics, and practical suggestions for handling everyday boundary situations.

Packed with real-world examples, and compelling online videos, this practical, compassionate book explores common situations bodyworkers and massage therapists encounter on the job and provides compassionate support and up-to-date information to help readers establish the solid professional boundaries they need for career success and personal well-being.

The Fourth Edition includes enhanced coverage of the dynamics of the client-practitioner relationship, including specific suggestions for what to say to clients in difficult situations, as well as integrated coverage of the many boundary and confidentiality issues related to social media.

- New ***Consider This …*** features provide thoughtful suggestions for making career-affecting choices, as well as important issues to consider in day-to-day practice.
- **Coverage of professional boundaries and the Internet** now appears in an all-new chapter and is integrated throughout the book to help students understand the myriad boundary issues involved in the use of technology and social media.
- **New *Real Experience* boxes**, contributed by actual practitioners, discuss the problems and dilemmas they've confronted in their own practices.
- **Whimsical drawings** illustrate common scenarios, enhancing the friendliness of the text.
- ***Questions for Reflection*** help readers process and internalize key content.
- **Key Terms** are boldfaced in the text, defined in the margins, and gathered together in a back-of-the book glossary.
- **Increased coverage of the boundary problems** faced by those who work in spas, physicians', or chiropractors' offices or for massage therapy businesses highlight challenges specific to these settings.
- **Online Client Videos,** many new to this edition, depict common problematic situations in a compelling and memorable way.

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